



The stability of Israel's future generations is in your hands

The Get Help Israel Fund, a 501c3 registered non-profit organization, is dedicated to making a positive impact on lives across Israel. At the core of our mission is a deep understanding of mental health and a commitment to saving lives through compassionate care.

We firmly believe that the strength of our nation lies in the well-being of its people. By fostering healthier individuals, we contribute to the overall vitality of the State of Israel. Our guiding philosophy underscores the principle that every person, regardless of their circumstances, deserves equal access to expert mental health practitioners.

We strive to break down barriers that might deny someone the mental health support they need – whether it be due to financial constraints, a lack of support, language barriers, or residing in rural or remote locations. With your support, we are not just improving mental health; we are creating a more compassionate and resilient community for all. Join us in making a difference, one life at a time.

THE NEED

Since October 7th, the mental health care system in Israel has faced unprecedented challenges in meeting the specialized needs of the population. The existing system, already strained, has struggled to accommodate the surge in demand for mental health services. Long wait times, often spanning months, exacerbate the frustration of individuals already in crisis. Moreover, the scarcity of mental health resources within the government's socialized health system creates significant barriers to accessing critical services. Many patients, particularly immigrants and Lone Soldiers, encounter difficulties due to a lack of culturally sensitive practitioners who understand their unique needs.

The war underscored the need for mental health support and amplified mental health challenges, including PTSD, substance abuse, and suicidal ideation, particularly among the hundreds of thousands of soldiers and reservists on the front lines, the family, friends and communities of hostages and war victims, the displaced families from the north and south, and the rest of the population in Israel facing daily anxiety and fear amid missile attacks and uncertainty for the future.

THE SOLUTION

We are proud to collaborate with [The Israel Association of Mental Health Professionals \(Get Help Israel\)](#), a prominent mental health organization nationwide. This partnership empowers us to deliver vital services to clients, such as lone soldiers, gap year students, and immigrants. Moreover, it allows us to provide leadership, direction, and resources to mental health professionals, government agencies, embassies, and municipalities.

In collaboration with Get Help Israel, we leverage the extensive expertise and top-tier care provided by its 400+ professional members. These multi-lingual clinicians are highly educated, trained, and experienced professionals in Israel. Get Help Israel is unparalleled in its commitment to maintaining high standards of care and facilitating access to clinicians across the country, offering both in-person and digital healthcare options. Through funding, we ensure free or heavily subsidized treatment, addressing the urgent mental health needs of the diverse Israeli population, including members of the IDF and their families.

Our Services

- Individual Therapy
- Support Groups

During time of national crisis/war

- Acute trauma therapy
- Support groups for released soldiers, spouses of active reservists, and those grieving the loss of fallen heroes
- Workshops and Webinars for resilience building and community support
- Support and supervision for clinicians working with severe trauma cases
- Short-term therapeutic services to manage stress and anxiety

Make a difference

Join us in safeguarding the vulnerable in Israel, ensuring they receive the critical mental healthcare they urgently require. Your support fuels our mission to provide top-tier mental health services, delivered by thoroughly vetted and skilled practitioners. Together, we pave the way for a brighter and more stable future for Israel.



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LET'S DISCUSS HOW YOU CAN MAKE A DIFFERENCE TODAY.